

SUB TUUM

Ant. VII

**S**UB tu-um præ-sí-di-um con-fígi-mus sancta De-i  
*Under thy patronage we fly,  
O holy Mother*

Génitrix : nostras depreca-ti-ó-nes ne despí-ci-as in ne-  
*of God: reject not the prayers we send up to thee*

cessi-tá-tibus : sed a perícu-lis cunctis líbera nos sem-  
*in our necessities,* but ever deliver us in time of peril,

per, Virgo glori-ó-sa et be- ne-dícta.  
*O Virgin glorious and blessed.*

Audi benigne conditor RECESSINAL HYMN

**A**udi, be-nígne Cóndi-tor, Nostras pre-ces cum flé-tibus,  
In hoc sacro je-júni-o Fusas quadra-gená-ri-o.

Verse 1: O merciful Creator, hear!  
To us in pity bow Thine ear:  
Accept the tearful prayer we raise  
In this our fast of forty days.

# MATERNAL HEART of MARY

Traditional Latin Mass Chaplaincy, Lewisham

## PROPER of the MASS

### SECOND SUNDAY IN LENT

**P**1. Arce Dómi-ne, parce pópu-lo tu-o: ne in æténum i-rascá-ris  
no-bis.

[Response: Spare, Lord, spare Thy people: do not be angry with us forever.]

Psalm 24. 6, 22

#### INTROIT

REMINISCERE miseratiónum tuárum, Dómine, et misericórdiæ tuæ, quæ a sáculo sunt: ne umquam dominéntur nobis inimíci nostri: líbera nos, Deus Israël, ex omnibus angústiis nostris. Ps. 24. 1-2. Ad te, Dómine, levávi ánimam meam: Deus meus, in te confido, non erubéscam. V. Glória Patri.

Remember, O Lord, Thy bowels of compassion, and Thy mercies that are from the beginning of the world, lest at any time our enemies rule over us: deliver us, O God of Israel, from all our tribulations. Ps. To Thee, O Lord, have I lifted up my soul: in Thee, O my God, I put my trust; let me not be ashamed. V. Glory be to the Father.

#### COLLECT

O God, who seest that we have no power whatever from ourselves; keep us both outwardly in our bodies and inwardly in our souls; that we may be defended from all adversities which may happen to the body and from all evil thoughts which may hurt the soul. Through our Lord.

DEUS, qui cóncipis omni nos vir-túte desítui: intérius exteriúsque custódi; ut ab ómnibus adversitá-tibus muniámur in córpore, et a pravis cogitatióibus mundémur in mente. Per Dóminum.

1 Thessalonians 4. 1-7

FRATRES: Rogámus vos, et obsec-rámus in Dómino Jesu: ut, quemád-modum accepístis a nobis, quómodo opórteat vos ambuláre et placére Deo, sic et ambulétis, ut abundétis magis. Scitis enim quæ præcépta déderim vobis per Dóminum Jesum. Hac est enim volántas Dei, sanctificatió vestra: ut absti-neáti vos a fornicatióne, ut sciat unusquisque vestrum vas suum possidére in sanctificatióne et honóre; non in passióne desidérii, sicut et gentes, quæ ignórant Deum: et

#### EPISTLE

Brethren: We pray and beseech you in the Lord Jesus that, as you have received from us, now you ought to walk and to please God, so also you would walk, that you may abound the more. For you know what precepts I have given to you by the Lord Jesus. For this is the will of God, your sanctification: that you should abstain from fornication, that every one of you should know how to possess his vessel in sanctification and honour; not in the passion of lust, like the Gentiles that know not God: and that no man overreach nor

ne quis supergrediátur, neque circumvéniat in négócio fratrem suum: quóniam vindex est Dóminus de his ómnibus, sicut prædiximus vobis et testificáti sumus. Non enim vocávit nos Deus in immundítiam, sed in sanctificationem: in Christo Iesu Dómino nostro.

*Psalm 24. 17-18*

TRIBULATIÓNES cordis mei dilatátæ sunt: de necessitáibus meis éripe me, Dómine. V. Vide humilitátem meam, et labórem meum: et dimítte ómnia peccáta mea.

*Psalm 105. 1-4*

CONFITÉMINI Dómino, quóniam bonus: quóniam in sǽculum misericórdia ejus. V. Quis loquéatur poténtias Dómini: audítas fáciet omnes laudes ejus? V. Beáti qui custódiunt judícium et fáciunt justitiam in omni tempore. V. Memento nostri, Dómine, in beneplácito pópuli tui: vísa nos in salutári tuo.

*Matthew 17. 1-9*

IN illo tempore: Assúmpsit Jesus Petrum, et Jacóbum, et Joánnem fratrem ejus, et duxit illos in montem excélsum seórsum: et transfigurátus est ante eos. Et resplénduit fácies ejus sicut sol: vestiménta autem ejus facta sunt alba sicut nix. Et ecce apparérunt illis Móyses et Elías cum eo loquéntes. Respóndens autem Petrus, dixit ad Jesum: Dómine, bonum est nos hic esse: si vis, faciámus hic tria tabernácula, tibi unum, Móysi unum, et Elíæ unum. Adhuc eo loquénte, ecce nubes lúcida obumbrávit eos. Et ecce vox de nube, dicens: Hic est Fílius meus diléctus, in quo mihi bene compláci: ipsum audíte. Et audiéntes discípuli, cecidérunt in fáciem suam, et timuérunt valde. Et accéssit Jesus, et tégit eos, dixítque eis: Súrgite, et nolite timére. Levántes autem óculos suos, néminem vidérunt nisi solum Jesum. Et descendéntibus illis de monte, præcépit eis Jesus, dicens: Némini dixéritis visiónem, donec Fílius hóminis a mórtuis resúrgat.

circumvent his brother in business: because the Lord is the avenger of all these things, as we have told you before and have testified. For God hath not called us unto uncleanness, but unto sanctification: in Christ Jesus our Lord.

GRADUAL

The troubles of my heart are multiplied: deliver me from my necessities, O Lord. V. See my abjection and my labour, and forgive me all my sins.

TRACT

Give glory to the Lord, for He is good: for His mercy endureth for ever. V. Who shall declare the powers of the Lord: who shall set forth all His praises? V. Blessed are they that keep judgment and do justice at all times. V. Remember us, O Lord, in the favour of Thy people: visit us with Thy salvation.

GOSPEL

At that time Jesus took Peter and James, and John his brother, and bringeth them up into a high mountain apart: and He was transfigured before them. And his face did shine as the sun: and His garments became white as snow. And behold there appeared to them Moses and Elias talking with Him. And Peter answering, said to Jesus: Lord, it is good for us to be here: if Thou wilt, let us make here three tabernacles, one for Thee, and one for Moses, and one for Elias. And as he was yet speaking, behold a bright cloud overshadowed them. And lo, a voice out of the cloud, saying: This is My beloved Son, in whom I am well pleased: hear ye Him. And the disciples hearing, fell upon their face and were very much afraid. And Jesus came and touched them, and said to them: Arise, and fear not. And they lifting up their eyes saw no one, but only Jesus. And as they came down from the mountain, Jesus charged them, saying: Tell the vision to no man till the Son of Man be risen from the dead.

*Psalm 118. 47-48*

MEDITÁBOR in mandátis tuis, quæ diléxi valde: et levábo manus meas ad manda tua, quæ diléxi.

V.  
**A**

Tténde Dómine, et mi-serére, qui-a peccávimus ti-bi.

[Response: Hear, O Lord, and have mercy upon us, who have sinned against Thee.]

SECRET

SACRIFÍCIIS præséntibus, Dómine, quésumus, inténde placátus: ut et devotíoni nostræ proficiant et salúti. Per Dóminum.

VERE dignum et justum est, aequum et salutáre, nos tibi semper, et ubique grátiás ágere: Dómine sancte, Pater omnípotens, atérne Deus: Qui corporálí jejúnio víta cónprimis, mentem éllevas, virtútem largíris, et præmia: per Christum Dóminum nostrum. Per quem majestátem tuam laudant Angeli, adórant Dominações, tremunt Potestátes. Cæli, cælorúmque Virtútes, ac beáta Séraphim, sócia exsultatióne concélebrant. Cum quibus et nostras voces, ut admitti júbeas, deprecámur, súplici confessióne dicéntes:

*Psalm 5. 2-4*

INTÉLLIGE clamórem meum: inténde voci oratiónis meæ, Rex meus, et Deus meus: quóniam ad te orábo, Dómine.

SÚPLICES te rogámus, omnipotens Deus: ut, quos tuis réficiis sacra-méntis, tibi étiam plácitís móribus dignánter deservíre concédas. Per Dóminum nostrum.

OFFERTORY

I will meditate on Thy commandments, which I have loved exceedingly: and I will lift up my hands to Thy commandments, which I have loved.

PREFACE FOR LENT

It is truly meet and just, right and availing unto salvation, that we should at all times and in all places give thanks unto Thee, O holy Lord, Father almighty and everlasting God. Who by the fasting of the body dost curb our vices, elevate our minds and bestow virtue and reward; through Christ our Lord. Through whom the angels praise Thy majesty, the dominions worship it, and the powers stand in awe. The heavens and the heavenly hosts, with the blessed seraphim join together in celebrating their joy. With these we pray Thee join our voices also, while we say with lowly praise:

COMMUNION

Understand my cry: hearken to the voice of my prayer, O my King and my God: for to Thee will I pray, O Lord.

POSTCOMMUNION

We humbly beseech Thee, almighty God, that we whom Thou hast strengthened with Thy sacraments, may henceforth serve and please Thee in worthiness of life. Through our Lord.